



**Creating Hope Together in Dundee**  
**Dundee's Suicide Prevention Delivery Plan**  
**2024-2026**

## Our vision

Dundee is a city where every child, young person or adult who has thoughts of taking their own life, or is affected by suicide in other ways, can get the help they need and feel a sense of hope. Our communities, services and workplaces are safe, compassionate, inclusive, and free of stigma and everyone understands their role in helping to prevent suicide.

## Introduction

This plan outlines the overarching local suicide prevention aims for Dundee for the next three years and a series of project actions which will support these. These have been informed by the four long term outcomes set out in [Creating Hope Together: Scotland's Suicide Prevention Strategy 2022-2032](#) as follows:

- **Outcome 1:** The **environment** we live in promotes conditions which protect against suicide risk – this includes our psychological, social, cultural, economic and physical environment.
- **Outcome 2:** Our **communities** have a clear understanding of suicide, risk factors and its prevention – so that people and organisations are more able to respond in helpful and informed ways when they, or others, need support.
- **Outcome 3:** **Everyone** affected by suicide is able to access high quality, compassionate, appropriate and timely support – which promotes wellbeing and recovery. This applies to all children, young people and adults who experience suicidal thoughts and behaviour, anyone who cares for them, and anyone affected by suicide in other ways.
- **Outcome 4:** Our approach to suicide prevention is well planned and delivered, through close collaboration between national, local and sectoral partners. Our work is designed with lived experience insight, practice, data, research and intelligence. We improve our approach through regular monitoring, evaluation and review.

To deliver on our local and national vision we must all work together to effect change across our society, services, communities and individual experiences.

## Developing the plan

This plan has been developed using information and evidence gathered through:

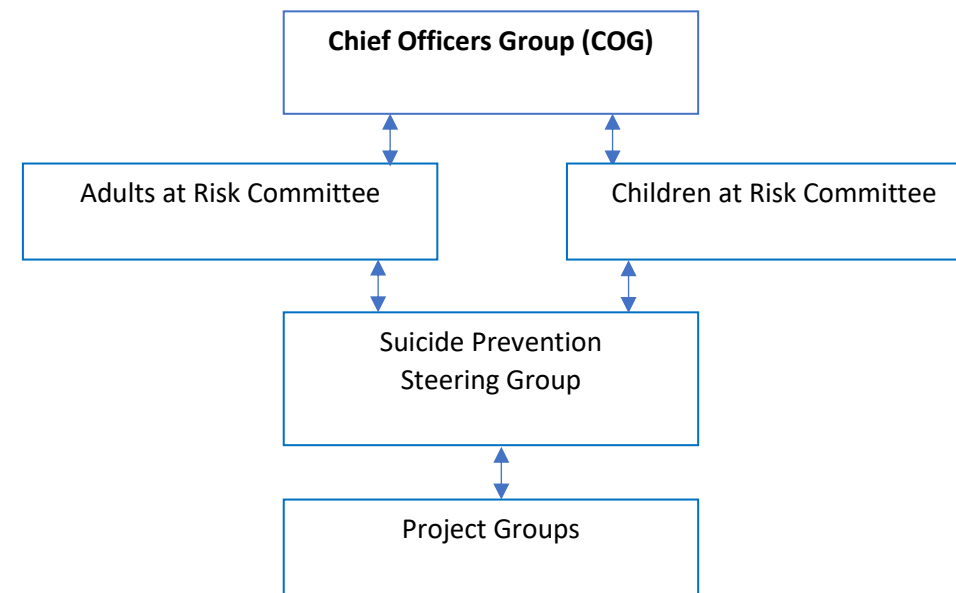
- National suicide prevention self-evaluation checklist for best practice (SUPRESE)
- Creating Hope Together (National Suicide Prevention Strategy)
- Stakeholder engagement events
- Engagement with individual services
- Lived experience insight
- Dundee Community Health Advisory Forum (community voice from areas most affected by socioeconomic inequalities)
- Dundee Youth Council

**The plan outlines key action areas where a co-ordinated multi-agency response is required and does not reflect the entirety of efforts to prevent suicide in the city.** Many actions which contribute towards suicide prevention are sited within a range of other local plans and strategies. In implementing Dundee's Suicide Prevention Delivery Plan, links will be made to these plans and strategies via the Suicide Prevention Co-ordinator. The plan will also evolve as we continue to learn more about suicide through emerging data and evidence, including lived experience, community voice and evaluation of work undertaken.

## Delivering and evaluating the plan

A project lead has been assigned to every action in the plan and is responsible for delivery of that action and reporting progress to the Suicide Prevention Steering Group. The Steering Group, chaired by the Suicide Prevention Co-ordinator, will bring together all project leads to ensure effective implementation and evaluation of the plan.

The Steering Group is accountable to the Dundee Chief Officers Group via the Adults at Risk and Children at Risk committees as follows:



The plan will be accompanied by an evaluation framework which will use a contribution analysis approach to systematically map the process through which actions are expected to contribute towards agreed outcomes. This is because it is not possible to directly attribute local actions to changes in suicide rates and that for every life tragically lost through suicide, we will never be able to accurately quantify the number of lives saved. This is consistent with the approach advocated by the Public Health Scotland Suicide Prevention Implementation Team.

## Key values

- **Collaboration** – we will focus on building positive working relationships as evidence shows that to be effective in preventing suicide we must work across systems, services and communities.
- **Equality & Fairness** – we will use both population-wide and targeted approaches to ensure that our actions benefit everyone, while taking into consideration specific issues affecting people on the grounds of their [protected characteristics](#) and wider social circumstances.
- **Continued learning and development** – we will review and adapt our action plan in line with emerging evidence, lived experience insight and learning from evaluation of work undertaken to ensure that it continues to meet local need.

## Our plan

Aim	Actions	Outputs/Evidence	Leads	Timescale
What are we looking to achieve?	How will we do this?	How do we know it has been delivered?	Responsible for reporting progress	To be completed by
<b>Aim 1</b> Our approach to suicide prevention is well co-ordinated and responsive to local need.	<b>Action 1.1</b> Establish a multi-agency Suicide Prevention Steering Group to ensure a co-ordinated, evidence-informed and collaborative approach to suicide prevention planning and evaluation.	Meeting minutes indicate that the Suicide Prevention Steering Group is meeting at least quarterly and using data/evidence to direct new and existing project actions.	Robin Falconer, Suicide Prevention Co-ordinator, Protecting People	September 2024
	<b>Action 1.2</b> Embed actions relevant to suicide prevention across local strategies, plans and processes, including Protecting People, Community Planning, Education, Mental Health & Wellbeing and Primary Care.	Clear links to suicide prevention or actions relevant to suicide prevention in identified plans/strategies.	Robin Falconer, Suicide Prevention Co-ordinator, Protecting People  Protecting People Lead Officers	April 2026
	<b>Action 1.3</b> Develop and implement a clear framework which outlines how lived experience and community voice will effectively influence suicide prevention planning and delivery.	Framework established and implemented.	Aled Bartley-Jones, DVVA Mental Health and Substance Use Engagement Manager	January 2026
	<b>Action 1.4</b> Conduct a health inequalities evidence review and implement findings to ensure that all project actions are responsive to the needs of higher risk groups, including those who experience additional barriers to support.	Review completed. Recommendations incorporated into action plan, including project actions focused on high-risk groups.	Robin Falconer, Suicide Prevention Co-ordinator, Protecting People  Sophie Gwyther, Lead Officer, Protecting People	April 2025
	<b>Action 1.5</b> Scope opportunities to embed the Suicide Prevention Scotland delivery collective and United to Prevent Suicide social movement in Dundee, bringing together academic, lived experience, public and service stakeholders to facilitate shared learning and influence change.	There is an active and self-organising suicide prevention social movement and Community of Practice in Dundee.	Robin Falconer, Suicide Prevention Co-ordinator, Protecting People  Aled Bartley-Jones, Mental Health and Substance Use Engagement Manager, DVVA	June 2025

<b>Aim 2</b> Our communities are suicide safe spaces, free from stigma and where we all look out for each other and can talk openly about suicide.	<b>Action 2.1</b> Continuously monitor public health surveillance data and implement prevention measures in response to public health concerns, including locations of concern, new methods of concern and potential suicide clusters.	Response group convened within agreed timescale following identification of public health incident/event.  Local protocols established.	Robin Falconer, Suicide Prevention Co-ordinator, Protecting People	Ongoing, in response to need. Locations of Concern Group to review quarterly.
	<b>Action 2.2</b> In conjunction with Local Community Planning Partnerships (LCPPs), test a suicide safer communities initiative in two LCPP areas, and roll-out agreed model city-wide.	Active engagement from community groups, organisations and businesses in suicide prevention activity.  Quality improvement cycle completed to generate data and learning for wider roll-out.	Robin Falconer, Suicide Prevention Co-ordinator, Local Community Planning Partnerships	December 2025  City-wide roll-out to begin from April 2026
	<b>Action 2.3</b> Deliver a programme of public awareness activities which includes an annual Suicide Prevention Week campaign and embed suicide prevention in other relevant campaigns throughout the year.	Number of activities delivered and reach. Evaluation of campaign effectiveness.	Robin Falconer, Suicide Prevention Co-ordinator, Protecting People	Recurring annually
	<b>Action 2.4</b> Support the development of a Protecting People communications plan to ensure positive messages about support available are shared through a range of communication channels and engagement activities.	Communications plan developed and implemented.  Agreed approach to public communication about all aspects of Suicide Prevention Delivery Plan.	Protecting People Lead Officers  Robin Falconer, Suicide Prevention Co-ordinator, Protecting People Communications Group	October 2026
<b>Aim 3</b> Organisations and community groups have increased capacity to provide initial support to people experiencing distress and suicidal thoughts.	<b>Action 3.1</b> Establish a suicide prevention training forum to co-ordinate training promotion and delivery and scope opportunities to build training capacity in priority settings, in alignment with the Protecting People Learning Framework.	Training forum established and meeting at least quarterly.  Mapping of training completed, and local training offer agreed and promoted on Protecting People Learning Framework.  High training uptake and evaluation indicates learning objectives met.  Training leads working together to co-ordinate and promote training offer.  Suicide prevention training is embedded in priority settings.	Robin Falconer, Suicide Prevention Co-ordinator, Protecting People  Protecting People Workforce Development Sub-group	Training forum established by January 2025  Training programme delivered throughout year
	<b>Action 3.2</b> Roll out the Scottish Recovery Network's Creating Hope with Peer Support programme, building a peer support	Numbers completing peer training and local peer support network established.	Aled Bartley-Jones, Mental Health and Substance Use Engagement Manager, DVVA	September 2025

	<p>community to provide timely, appropriate and compassionate support to people at risk of suicide.</p> <p><b>Action 3.3</b> Engage with priority services to support the adoption of effective suicide support and safety planning protocols and embed the Time, Space, Compassion principles.</p> <p><b>Action 3.4</b> Scope opportunities to improve data collection processes around suicide risk, including suicidal ideation and suicide attempts, to improve prevention planning.</p>	<p>Service engagement records/self-assessments completed. Protocols implemented and follow-up feedback from staff.</p> <p>Digital workforce development package produced.</p> <p>Data improvement actions around suicidal ideation implemented.</p>	<p>Robin Falconer, Suicide Prevention Co-ordinator</p> <p>Robin Falconer, Suicide Prevention Co-ordinator</p> <p>Protecting People Data/Quality Assurance Group</p>	<p>Responsive to demand/need</p> <p>October 2025</p>
<p><b>Aim 4</b></p> <p>Everyone affected by suicide has access to high quality, compassionate, appropriate and timely support which promotes wellbeing and recovery.</p>	<p><b>Action 4.1</b> Further develop and raise the profile of Hope Point as a key local support service for people experiencing distress and suicidal thoughts.</p> <p><b>Action 4.2</b> Map the support pathways for children, young people and adults with suicidal thoughts, implement improvement measures as necessary and ensure that these pathways are clearly communicated to public and relevant stakeholders.</p> <p><b>Action 4.3</b> Further develop and promote resources and learning opportunities for parents, carers and families to encourage self-help and build confidence to discuss mental and emotional health and wellbeing, including suicide.</p> <p><b>Action 4.4</b> Establish a mechanism for sharing learning between key partners and implementing recommendations from local, regional and national suicide prevention groups to improve support for children, young people and adults.</p> <p><b>Action 4.5</b> Co-design and implement supportive resources for people bereaved by suicide in Dundee.</p> <p><b>Action 4.6</b> Scope out support for communities and workplaces affected by suicide, linking to wider work related to</p>	<p>Service engagement records indicate routes into service from wider community settings.</p> <p>Support pathways mapped.</p> <p>Improvement actions identified.</p> <p>Agreed mechanism to communicate pathways to those who need to know.</p> <p>List of resources available and promoted locally.</p> <p>Feedback from evaluation focus groups.</p> <p>Improvement actions identified and incorporated into delivery plan.</p> <p>Supportive resources established and available locally.</p> <p>Resource pack developed and agreed process for distribution in place.</p> <p>Scoping exercise completed and list of support compiled and distributed.</p>	<p>Emma Wilson, Senior Service Manager, Hope Point</p> <p>Robin Falconer, Suicide Prevention Co-ordinator, Protecting People</p> <p>Robin Falconer, Suicide Prevention Co-ordinator, Protecting People</p> <p>Robin Falconer, Suicide Prevention Co-ordinator, Protecting People</p> <p>Eloise Vajk, Health Promotion Officer, NHS Tayside</p> <p>Emma Lamont, MHWB Primary Care Programme Manager DHSCP</p> <p>Robin Falconer, Suicide Prevention Co-ordinator, Protecting People</p>	<p>July 2025</p> <p>Mapping completed by July 2025.</p> <p>Improvement measures implemented by October 2026</p> <p>July 2025</p> <p>October 2025</p> <p>August 2025</p> <p>August 2025</p>

	<p>bereavement/loss, and develop a plan to further develop and raise awareness of these through a range of channels.</p> <p><b>Action 4.7</b> Support the continued development of the Tayside Suicide? Help! App and link with other local information and signposting developments to ensure that people affected by suicide and suicidal thoughts know where to go for support.</p>	<p>Evidence of app reach/usage from analytics data.</p> <p>Suicide support signposting leaflet developed and circulated.</p>	<p>Robin Falconer, Suicide Prevention Co-ordinator, Protecting People</p> <p>Emma Wilson, Senior Service Manager, Hope Point</p>	<p>App updated annually</p> <p>September 2024</p>
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To provide feedback on this plan or to join our efforts to prevent suicide in Dundee e-mail [dundeeprotects@dundeecity.gov.uk](mailto:dundeeprotects@dundeecity.gov.uk)